

## **Naftali Halberstadt**

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Jerusalem, 93810 Israel

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Date of Birth: December 17, 1954

Place of Birth: New York, U.S.A.

Citizenship: U.S.A. and Israeli

### **Education**

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| May 1993     | Ph.D.<br>The Hebrew University of Jerusalem<br>Dissertation: <i>Processes in rule discovery: Transitions between modes of inquiry and the evaluation of evidence.</i>  |
| March 1986   | Master of Arts – Clinical-Educational Psychology<br>The Hebrew University of Jerusalem<br>Thesis: <i>Is the question the solution to creativity: An empirical investigation of problem posers and solvers.</i> |
| January 1977 | Bachelors of Arts - Bio-Psychology<br>The State University of New York at Purchase<br>Thesis: <i>Sodium salt preference in squirrel monkeys.</i>   |

### **Professional Licencing**

- Licensed Psychologist: Israel Ministry of Health - lic. no. 5747
- Clinical Supervisor and Senior member: **ITA**- The Israeli Association for Behavior and Cognitive Psychotherapies
- Clinical Supervisor and Senior member: **EACBT** - European Association for Behavioural and Cognitive Therapies

## **Advanced Professional Training** (Certificate Courses)

2012-2014: Clinical supervisor: Cognitive Behavioral Therapy. Hadassah Medical Center, Jerusalem. Accredited by **ITA**: The Israel Association for Behavior and Cognitive Therapies

2014: EMDR Therapy: Dr. Gary Quinn

2011: MDMA-Assisted Psychotherapy for the Treatment of Treatment-Resistant PTSD. Trained by M.A.P.S. chief psychiatric team: Dr. Michael and Anne Mithoefer

2008: Clinical supervisor: Prolonged Exposure. Professor Edna Foa Univ. of Pennsylvania, Philadelphia.

2006 Clinical supervisor: TF-CBT (Trauma Focused Therapy for Children). Dr. Laura Murray (for J. Cohen, A. Manarino, E. Deblinger)

2006 TF-CBT (Trauma Focused Therapy for Children). Dr. Laura Murray (for J. Cohen, A. Manarino, E. Deblinger)

2006: EMDR Therapy. Dr. Udi Oren

2005: Faculty-Supervisor: Mind-Body Medicine. Dr. James Gordon, Center for Mind Body Medicine, Washington, D.C.

2004-5: Mind-Body Medicine- Professional and Advanced Trainings. Dr. James Gordon, Center for Mind Body Medicine, Washington, D.C.

2004-2006: Cognitive Behavioral Therapy for PTSD, Anxiety Disorders, Personality Disorders, etc. Haddasah Medical Center, Jerusalem.

2003: Prolonged Exposure (PE) Therapy for Post Traumatic Stress Disorder. Professor Edna Foa, Univ. of Pennsylvania, Philadelphia.

## **Academic Awards and Commendations**

1993-1995	Post-Doctoral Fellowship: Hebrew University of Jerusalem
1990-1992	Doctoral scholarship from the NCJW Institute for the Study of Innovations in Education
1991	Doctoral research scholarship from the Israel Association for Research Funds (Ford Foundation)
1991	The Lubin Fund Scholarship
1986	Completion of Masters degree Cum Laude

## **International Trauma-Related Training, Supervision and Consultation**

- 2016 - (current) CBT training and supervision in Haiti focusing especially on post-trauma and depression
- 2014 - (current) CBT instruction and weekly supervision to psychologists in Kosovo and Albania (in-person and via internet)
- 2012 - (current) Senior psychologist on the USAID-funded, AJJDC program *Psycho-social Disaster Response in Indonesia* (in cooperation with the Crisis Center of the Faculty of Psychology – University of Indonesia)
- 2010 – 2011
- Member of the *Center for Mind-Body Medicine* International Faculty's ongoing training in Haiti.
  - Member of the *Israel Trauma Coalition* psycho-trauma response team sent to Haiti to train and supervise psycho-social professionals.
- 2006 Consultation to Sister Judith Brun, director of *Neighbor's Keeper*, Baton Rouge, La. after Hurricane Katrina
- 2005 Member of the *Israel Trauma Coalition* psycho-trauma response team sent to Sri Lanka to train medical, psychiatric and public health professionals in conjunction with *Sarvodaya Institute of Mental Health*, Sri Lanka.

## **Clinical Supervision, Treatment, Teaching, Research and Administration**

- 2014 (current) **Y.N.R. Institute**  
Director: CBT professional training program-  
Teaching and clinical supervision
- 2011 (current) **M.A.P.S. (USA)**  
Clinical researcher for study: MDMA-assisted  
psychotherapy for treatment resistant PTSD (in  
Beer Yaakov Mental Health Center)
- 2005-2015 **Hadassah University Hospital**  
Jerusalem, Israel  
Center for Traumatic Stress and Anxiety Disorders  
Supervision, treatment and clinical research
- 2008- 2012 Director, **The Training Center for Mind-Body Skills** (reg  
association). A not for profit providing training and  
support for professionals working with traumatized  
clients to increase self-regulation, coping and resilience.  
The Center has a core teaching faculty of 20  
professionals who train and supervise across Israel's

populations, including in Sderot and the surrounding Gaza region and in the Israeli Arab population.

January 1998-  
April 2008

**Ashalim:** The Association for Planning & Development of Services for Children & Youth at Risk and their Families

Positions:

- Director of Trauma Response Initiatives (for Ashalim & JDC-Israel - since 2002): planning, implementation and overseeing ongoing psycho-trauma response and resilience-fostering programs. Including direct treatment, training, supervision and systemic implementation. Total activity ~\$9M
- Director of Knowledge in Action: Organizational learning, lessons from research, outcome planning & measurement, international knowledge-based cooperative efforts, internet development
- Director of Ashalim International Partnership (1999-2002)

December 1993-  
January 1998

**JDC-Israel**

Divisions for Youth, Education and Information Accessibility

Positions:

*Area Director - Conceptual and program development - Information systems and special needs populations*

Founding member of *Dream Isle*: an intra-organizational project incubator

- Team leader: Information Technologies (IT) in the psychiatric rehabilitation environment
- Team leader: Internet and Intranet development group
- Team co-leader: *From Information to Knowledge - Curriculum & IT in the New Educational Environment*
- Team co-leader: *Computer for Every Age: IT & seniors*
- Team member: Mifne Systems International software development group (in cooperation with F.E.G.S., N.Y.)

December 1992-  
December 1993

**The Open University of Israel**

- Regional center coordinator and student counselor at Achva College, Northern Negev
- Course instructor: *Educational psychology*

- September 1986-  
September 1992      **The Hebrew University of Jerusalem**  
Lecturer: School of Education  
- *Computer literacy in education*  
- *Creativity and the personal computer*  
Lecturer: Department of Psychology  
- *The personal computer as a research tool in psychology*
- April 1984-  
September 1992      **The Hebrew University of Jerusalem**  
The Goldie Rotman Center for Cognitive Research and  
Education - Research, development and nation-wide  
implementation of JHS curriculum: *Introduction to  
Information Processing - Computer Literacy*.  
Chief project coordinator: Prof. Yaakov Kareev
- September 1980-  
August 1984      **The Hebrew University of Jerusalem**  
School of Education  
- Teaching assistant to Prof. Yaakov Kareev  
- Microcomputer teaching laboratory coordinator  
- Research and teaching assistant to  
Dr. Jonathan Smilansky  
- The Melton Center for Jewish Education: Research  
assistant to Prof. Mordechai Nissan

### **Conference Presentations**

- Halberstadt, N. (2014) Mindfulness, Mind-Body Practices and their  
Integration with CBT. Invited, full day workshop at 12<sup>th</sup> Annual  
Conference of the Indonesian Psychological Association. Manado.
- Halberstadt, N., Staples, J., Adesky, R., Gordon, JS. (2009). *Mind-Body  
Groups: Concepts, Practice and Results*. Presented at The First  
International Conference of Training the Mind: Mindfulness, Brain and  
Behavior. Herzliya IDC.
- Halberstadt, N. and Weider-Cohen, A. (2009). *Mind Body Groups and the  
Crisis of Grief*. Grief Counseling in the Work of the Conservative Rabbi.  
Conference organized by the Israel Trauma Coalition.
- Weider-Cohen, A. and Halberstadt, N. (2009). *Beginning with Genesis:  
Mind Body Groups Infused with Jewish Texts*. The Unique Contribution  
of Spiritual Care. Conference organized by Tishkofet, NY-UJA  
Federation and JDC-Eshel.
- Halberstadt, N. , Adesky, R. and Gross, D. (2008). *Mind, Body and Between*.  
Invited two-day workshop for the 2008 National Seminar for Educational  
Psychologists sponsored by the Israel Psychological Association.

- Halberstadt, N. (2008). Schools in Times of Crisis: A Community Mental Health Agent. Inaugural Conference of Meyda: Ashalim Knowledge
- Halberstadt, N. (2003). Human service provision in an era of economic crisis. Invited address to the Rothberg School for Overseas Students, Hebrew University.
- Halberstadt, N. (2001). When Public and Private Partner, Families Benefit. Invited paper for *Expert Meeting on "Policy and Services for Children at Risk"*. European Centre for Social Welfare Policy and Research.
- Halberstadt, N. (2000). The Quality and Quantity of International Partnerships. Invited address to the *2000 Conference of Public Administration*. Jerusalem, Israel.
- Halberstadt, N., Rosenfeld, J., Rosenstein, B., Sabah, Y., Sykes, I. (1999). Knowledge Management in Human Services. *1999 Conference of the International Society for the Prevention of Child Abuse and Neglect*. Jerusalem, Israel.
- Halberstadt, N. and Shahar, I. (1999). Integrating Services: Bringing Community Services into the School. *1999 Conference of the International Society for the Prevention of Child Abuse and Neglect*. Jerusalem, Israel.
- Halberstadt, N. (1997). Information Accessibility: The Promise and the Challenge. Keynote address - *Israeli Palestinian Seminar Series on Accessibility for People with Disabilities*. Jerusalem, Israel
- Halberstadt, N. (1997). Information technologies in psychiatric rehabilitation. Panel chairman and presenter. *Annual Conference on Mental Health Services: Looking Toward the Third Millennium: Interdisciplinary Perspectives*. Israeli Ministry of Health.
- Halberstadt, N. (1996). Integrating information technologies in therapeutic environments for special needs populations. *RESNA Annual Conference*. Salt Lake City.
- Halberstadt, N. (1996). Information technologies in psychiatric rehabilitation: Future prospects. *Annual Conference on Mental Health Services: In Anticipation of the Year 2000*. Israeli Ministry of Health.
- Halberstadt, N. and Kareev, Y. (1992). Transitions between modes of inquiry in a rule discovery task. *14th Annual Conference of the Cognitive Science Society*. Chicago, Illinois.
- Kareev, Y. and Halberstadt N. (1993). Evaluating negative tests and disconfirmations in a rule discovery task. *25th International Congress of Psychology*. Brussels, Belgium.
- Kareev, Y., Avrahami, Y., Halberstadt, N., Kaufman, L. and Schneir, A. (1984). Fine tuning education in the cybernetic age. *First International Jerusalem Convention on Education*. Jerusalem, Israel

## **Publications**

- Halberstadt, N. (2014). MDMA-Assisted Therapy: A View From Both Sides of the Couch. *M.A.P.S. Bulletin*, 24, 1.
- Fischer-Caspi, M., Regulant-Levi, R., and Halberstadt, N. (2008). *Coping with Stress and Prolonged Emergency: A Resilience Project*. Ashalim and Israel Ministry of Education – Educational Psychological and Counseling Service. (Hebrew).
- Halberstadt, N. (2003). Relevant & Responsive: The JDC/Ashalim Trauma Initiative. Hade'ah Harovahat (The Reigning Opinion). The Israel Council for Social Welfare. (Hebrew). No. 33. Avrahami, Y., Kareev, Y., Halberstadt, N. (1996). Children as builders of expert systems. In: Z. Mevarech and N. Hativa (Eds.) *Computer Learning Environments*. Tel Aviv: Shocken (Hebrew).
- Halberstadt, N. and Kareev, Y. (1995). Transitions between modes of inquiry in a rule discovery task. *Quarterly Journal of Experimental Psychology*, 48A, (280-295).
- Kareev, Y. and Halberstadt N. (1993). Evaluating negative tests and disconfirmations in a rule discovery task. *Quarterly Journal of Experimental Psychology*, 46A, 715-727.
- Kareev, Y., Halberstadt, N. and Shafir, D. (1993). Improving performance and increasing the use of negative testing in a rule discovery task. *Quarterly Journal of Experimental Psychology*, 46A, 729-742.
- Kareev, Y., Avrahami, Y., Halberstadt, N. (1989). Introduction to information processing as a means to computer literacy: Design considerations for a curriculum development. *Megamot*, 32, 218-233. (Hebrew).
- Smilansky, J. and Halberstadt, N. (1986). Inventors versus problem solvers: An empirical investigation. *Journal of Creative Behavior*, 20, 183-201.

## **Educational Materials and Software Design**

- Gabbay, Z., Halberstadt, N., David, Y. (1997). *Info-Media - Software*. *Mifne Systems International*: Jerusalem - New York
- Gabbay, Z., Halberstadt, N., David, Y. (1996). *Think - Software, Didactic and User Guides*. *Mifne Systems International*: Jerusalem - New York.
- Gabbay, Z., Halberstadt, N., David, Y. and Kalmowitz Hareven, S. (1995). *Motorcycle Shop - Software, Didactic and User Guides*. *Mifne Systems International*: Jerusalem - New York.
- Gabbay, Z., Halberstadt, N., David, Y. and Kalmowitz Hareven, S. (1994). *Room For Two - Software, Didactic and User Guides*. *Mifne Systems*

*International: Jerusalem - New York.*

Gabbay, Z., Halberstadt, N., David, Y. and Kalmowitz Hareven, S. (1994).

*Target: Job - Software, Didactic and User Guides. Mifne Systems*

*International: Jerusalem - New York.*

Kareev, Y., Avrahami, Y., Halberstadt, N., Sharon, D., Granat, M. and

Zamahovsky, R. (1991). *Introduction to Information Processing -*

*Expert Systems.* (Hebrew).

Kareev, Y., Avrahami, Y., Halberstadt, N., Kaufman, L. and Granat, M.

(1989). *Introduction to Information Processing - Computer Literacy:*

*Part I and Part II.* Tel Aviv: Ramot. (Hebrew).

### **Military Experience**

April 1995 – February 2003: Assistant Chief Mental Health Officer for Home Command - Jerusalem region.

August 1984 - April 1995:

Center for Army Mental Health - Mental Health Officer and researcher for Research Division under Dr Shabtai Noy and later, Dr. Zehava Solomon

October 1985: Medical Corps Officers' course.

September 1984: Mental Health Officers' course.

### **Additional Activities**

1989 - 2006: Founding member and chairman of organizing committee - The Jerusalem A Cappella Ensemble: An early music vocal ensemble.

1984 - 1991: The Jerusalem Rubin Academy Chamber Choir - choir member and member of organizing committee.

### **Language Proficiencies**

English (mother tongue) and Hebrew (fluent)

### **Recommendations upon request**

