

M.Sc Alberta Shkëmbi

PERSONAL INFORMATION

Name / Surname Alberta Shkëmbi
Address Rr. Kavajes Tirana, Albania
Contact +355672030382
E-mail alberta.shkemi@yahoo.com
Nationality Albania
Birthday 07.04.1998

PROFESSIONAL EXPERIENCE

Date **September 2013 – to present**
Position Lecturer
Job description Supervise the work of students
Provide advice on study skills.
Set and mark assignments, exams.
Organisation University of Tirana, Faculty of Social Sciences

Date **September 2010 – to present**
Position Clinical Psychologist
Job description Psychological Evaluation
Psychological support for patients' family members.
Individual Counselling
Organisation University Medical Center of Tirana "Mother Teresa"

Date **October 2008 – June 2009**
Position Intern
Job Description Psychological Evaluation of children's development. (Age 0-3)
Organisation Children Daycare No.45, Tirana.

Date **March 2008 – June 2009**
Position Volunteer Worker
Job Description Case studies on patients with mental health disorders.
Organisation Mental Health Community Center No.2 ,Tirana.

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EDUCATION / TRAININGS

Date	March 2020- to present
Qualification	CBT therapist
Organisation	CBT Albania
Date	October 2010 – July 2012
Qualification	MSc Degree : Clinical Developmental and Relations Psychology
Organisation	Psychology Department, Faculty of Social Sciences, University of Tirana GPA 8.78 Master's Thesis : “Manifestation of somatic symptoms in children from age 6 to age 12.
Date	October 2007 – July 2010
Qualification	Bachelor Degree - Psychology
Organisation	Psychology Department, Faculty of Social Sciences, University of Tirana GPA9.01 Diploma Thesis: "Factors that influence the behavior changes."
Date	2002 – 2006
Qualification	High School Degree
Organisation	"Partizani" High School, Tirana, Albania

PUBLICATIONS

- November 2011-** "Psychological Treatment of Pain". In the book of abstracts of the 3rd International Conference for Pain Treatment and 2nd Conference of pain Management For Nurses, Prizren, Kosovë
- September 2011-** "Psychological Treatment of Pain".In the book of abstracts of the 3rd International Conference for Pain Treatment and 2nd Conference of pain Management For Nurses, Prizren, Kosovë
- September 2011-** "Bone disease and bone pain in myeloma multiple patients". In the book of abstracts of the 3rd International Conference for Pain Treatment and 2nd Conference of pain Management For Nurses, Prizren, Kosovo
- May 2013** –"The somatic symptoms manifestation in children" The 1st International Conference of Research and Education – Challenges Towards The Future", Shkoder
- May 2014-**"Familiar factors are predisposed factors for agitation behavior in street children The 2nd International Conference of Research and Education – Challenges Towards The Future", Shkoder

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August 2015- “Children Who Are Affected by Juvenile Arthritis Experience High Level of Anxiety”.

June 2016 “Emotional Disturbance in Children Hospitalized with Infectious Mononucleosis” International Journal of Science and Research URL- <https://tinyurl.com/sclg7tt>

May 2017- The Impact of Family Therapy in Hospitalized Children with Chronic Diseases.

September 2017 -“Familiar factors are predisposed factors for behavioural disorders in children who don't have a place of residence”

AASCIT Journal of psychology URL- <https://tinyurl.com/v6q5ahf>
“The impact of chronic diseases in manifestation of somatic symptoms in hospitalized children”- **15th Annual Pediatric Conference University Hospital Centre “Mother Tereza”, General Pediatric**

November 2017 American Journal of Psychiatry and Neuroscience Fibromyalgia Case – Psychiatric and Psychological” Implications URL- <https://tinyurl.com/wey39g3>

TRAININGS / QUALIFICATIONS

May 2020- July 2020 -Mental Health and Psychosocial Support in Emergencies. Online training

September 2019- 4th conference of Psychiatry Residents ”Integration of clinical research and practise in mental health.

October 2018 –“ World Mental Health Day Conference ”

May 2018- 6th Public health International conference.
" Successful Evidence and Practices of Mental Health Service"

March 2018 -3rd Nutrition Conference “Nutrition as a determining factor of health since childhood ” -Medical University of Tirana.

January 2018- 1st International Conference:” Health psychology- Between development challenges and reality.

October 2016- 16th National Conference of Pediatrics. Tirana, Albania

February 2016. Training session on Psychoanalytic psychotherapy. Sh.Sh.P

November 2015 - Primary immunodeficiencies, Diagnostic and therapeutical challenge Conference. In collaboration with European J.Project. Durrës, Albania

June 2015 -Certificate of Scientific Referee. Conference” Social Sciences Nowadays- Innovation Research for Social Sciences, Technology and Development”

December 2014- “Psychotherapy as a means of prevention, treatment and social integration” European Association for Psychotherapy

April 2014- “The 10th National Albanian pain Conference” Medical University of Tirana.

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April 2013- Training Seminar. Therapeutic Education of Patients with Chronic Diseases. Tirana, Albania.

May 2013- 1st International Conference on “Research and education – challenges towards the future” University of Shkodra “Luigj Gurakuqi”

November 2012 “Motopedagogy / Psychomotorics” Tiranë, Albania.

December 2011 - “Adolescence and chronic diseases”.In the book of abstracts of the 2nd International Scientific Conference “Development Problems Of Childhood And **Adolescence In Transitional Societies**”, **Durrës, Albania.**

November 2011—Association De La Fondation Du Camp Freudien. Q.S.U.T

September 2011- 3rd International conference for Pain Treatment. Prizren, Kosovo

September 2010 – May 2011 -Psychose et névrose– Association De La Fondation Du Camp Freudien. Q.S.U.T

December 2009 - HIV AIDS Training- (YWCA of Albania)

March–May 2009 -Shprehi Profesionale në Shëndetin Mendor – Qendra Shqiptare për Zhvillimin e Shëndetit Mendor, CORDAID – Training program:

- Mental health in Albania.
- Mental health disorders.
- Mental health interventions
- Current and potential role of users and families in mental health services.
- Community service.

October 2008 – Medico-Surgical – Medical University of Tirana.

April – June 2008 –Study course "Basic Concepts and Habits of Working with Refugees and Migrants", Tirana

PROFESSIONAL AND COMMUNITY SERVICES

September 2010- to present

Champ Freudien en Albania

- Organising seminars and conferences.
- Participation in cartel.

LANGUAGES

Mother tongue

Albanian

Other

English (Very good)

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SKILLS

Social skills	Very good communication skills gained through research works. Fast adaption with different age groups.
Organisational skills	Very good managerial and organisative skills. Responsible and punctual with timetables.
Digital Skills	Microsoft Office Package, MS Word, Excel, PowerPoint. SPSS,