

# ALMA BABO

Email:almababo@gmail.com; Mobile: 069 22 57 257

---

## Licensed Clinical Psychologist

With 15 years of experience in Psychological Assessment - ADHD, Autism Disorder, Anxiety Disorder, Learning Disorder, Mental Assessment Assessment (WISC III) - Psychological Counseling (adults, children) - Information and Counseling of family members regarding Autism Disorder.  
Very good presentation skills

**Licensee for Individual Practice of the Profession issued by the Order of Psychologist, License No.201, 22 November 2017**

---

## Professional Experience

### **Clinical Psychologist & Development Therapist - MIA Clinic, January 2020- current**

Psychological Evaluation - ADHD, Autistic Disorder, Anxiety Disorder, Learning Disorder, Evaluation of mental abilities (WISC III), Counseling of Families, Play Therapy

### **Psychologist at the Pediatric Service ( QENDRA SPITALORE UNIVERSITARE "NENE TEREZA") March 2007- 2018**

Psychological Evaluation - ADHD, Autistic Disorder, Anxiety Disorder, Learning Disorder, Evaluation of mental abilities (WISC III)

Psychological counseling (parent, child) - about behavioral manners, adaptation techniques, forms of reaction to chronic diseases (infantile diabetes, epilepsy, celiac)

Information and Counseling of Families related to Autism Disorder.

Support, information and psychological preparation to invasive medical procedures.

Continuous co - operation with the medical staff in relation to the faculty's teaching practices  
Medicine

### **Collaborator of the journal "Psychology, March – June 2007**

Publication of articles:

- "How can we save a threatened marriage from divorce", August 2007, No. 4

- "Marriage of a mother-in-law: an example to follow or ...", October 2007, No. 6

- "Practical advice to control stress at work", December - January 2008, No. 8

### **The Orphanage Center "Nena Tereza", July – August 2000**

Counseling Assistant & Psychological Support Observation of interpersonal relationships between children

---

## Education

**May 2020- Current** – CBT Training, 120 lecture hours - CBT Albania, Tirana

**November 2017 -March 2018** - training Program "Analysis of applied behavior in children with Autism",  
*Fondacioni Femijet Shqiptare, Tirana Albania*

**April 2008 - March 2009** - Certificate: 160 hours in Psychodrama self-experience training group, 85  
hours of Psychodrama theory education - INSITUTE FOR PSYCHODRAMA, BELGRADE

**September 1999 – November 2006** - Master of Science in Clinical and Community Psychology,  
Psychological Faculty, Turin University, Turin, Italy.

Diploma Thesis:" Intercultural Communication". Main areas of study: Community Psychology;  
Psychopathology of development; Psychology and Psychopathology of Cognitive Precession and  
Sexual Behavior; Psychodiagnostics (MMPI-2) and Global Diagnosis; Instruments and methods for  
psychosocial research and intervention; Criminology, etc..

### Certificates of Attendance:

| Conference: "Vivere lo sport agnostico e amatoriale :aspetti psicologici, educativi, riabilitativi" -  
Università di Torino, Italia - Prill 2004;

| 5th Conference of Albanian Neuropediatric Association, 20 October 2007

| Headache in Pediatric AGE" - Accredited by NCEC -13 October 2010;

| GASTRO-ESOPHAGEAL REFLUX" - Activity accredited by the National Center for Continuing  
Education - 21 May 2011;

| 13<sup>th</sup> Conference of Albanian Pediatric Association, 21-22 October 2011, Tirana

| "New Directions in Psychiatry" - Forum for European Young Psychiatrists – 23-25 May 2012, Sorrento,  
Italy;

| 15th Conference of Albanian Pediatric Association, 14-15 November 2014, Tirana;

| 7th National Conference "Comorbidity in Psychiatry", 27-28 June 2014;

| "Foundations of Cognitive Behavior Therapy (CBT) for Depression", 2-day training, October 2018,  
Tirana;

| International Conference of Public Health "Successful Practices of Mental Health Services", 8 May  
2018, Tirana;

Webinar "Premature, these little heroes who defeat death", November 2020, Faculty of medical  
Sciences;

PBS Training Program - "Treating and Managing Behavior" (ISHPK) – November 2020.

---

## Scientific Publications

- Co - author in the article "Multifocal Osteonecrosis after Short Term Methylprednisolone Therapy: A  
Case Study"

- Council in the article "Siblings of Autistic Children and Language Delay". Science Publishing Group, American Journal of Psychiatry and Neuroscience, 2017
- Co-author in the article "Epilepsy in autism spectrum disorders" co-author European Journal of Pediatric Neurology, 2015
- The author in the article "Use of Screening Instruments for Pediatric Mental Health", 15th Pediatric Conference
- "SINDROMO MAY-WHITE" - publication in the Scientific Journal " Otorino- Laryngology of Albania", Volume III, no. 1, March 2010
- "Autistic Children's Brothers and Sisters: High Risk Group" ", 14th Annual Pediatric Conference, April 2013
- "Psychological treatment of pain during invasive medical manipulations" , Co-author in 13th Pediatric Conference, 21-22 October 2012
- Poster Presentation "Psychopathology in pediatrics setting-case of Albania" co-author, International Journal of Clinical Neuroscience and Mental Health, 2015
- "Screening on early detection of children on autism spectrum-some controversies in relations to burden to families" co-author, Anthropological Research and Studies, nr.5.2015
- "Siblings of Autistic Children- A high risk Group in Need of Specific Attention", co-author V-th Macedonian Psychiatric Congress and International Meeting. 22-26 May 2013