Name and Surname: Kaltrina Osmani

Profession: Psychologist

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## **Education:**

| Institucion | Kosovo Health Fundation                        |
|-------------|--|
| Place:      | Pristina                                       |
| Year:       | 2013-2017                                      |
| Degree:     | Specialization in cognitive behavioral therapy |

| Institucion | University of Prishtina , Filozofik Faculty , Department of Psychology |
|-------------|--|
| Place:      | Pristina   |
| Year:       | Finished 2013  |
| Degree:     | Master Degree. Master of Psychology                                    |

| Institucion | University of Prishtina, Filozofik Faculty, Departament of Psychology |
|-------------|---|
| Place:      | Pristina  |
| Year:       | 2002/2005   |
| Degree:     | Bachelor in Psychology  |

## **Experiences and trainings:**

| Date     | 8 October 2019-March 2020                    |
|----------|--|
| Place    | House of elder                               |
| Position | As specialist of cognitive-behavior therapy  |
|          | Keeping sessions and activities with clients |

| Date     | 1 October 2015 – continue                               |  |
|----------|---|--|
| Place    | The private Unuversity for science Medicine "Rezonanca" |  |
| Position | Assistant   |  |
|          | Teaching the human psychology course                    |  |

| Date     | 20 March-continue                         |
|----------|---|
| Place    | The private comapany"Install enginnering" |
| Position | Menager                                   |
|          | Human Resources Managment                 |

| 31 Agust2015-03 September 2015                              |
|---|
| Izrael  |
| Participant   |
| • In International Congress of Behaviour-Cognitive Therhapy |
|   |

| Date     | January 2015 – 2016   |
|----------|---|
| Place    | Pristina – NGO Labirinth  |
| Position | Specialist of cognitive-behavior therapy                        |
|          | Keeping sessions and different activities with clients. Working |
|          | with them also in group therapy.                                |

| Date     | Mars 2008– December 2016  |
|----------|---|
| Place    | Pristina  |
| Position | Menager-Psychologist in NGO"Engjujt"                              |
|          | Menaging and coordination the different projects in psycho-social |
|          | and education field   |

| Date     | 24-25January 2015  |
|----------|--|
| Place    | Pristina   |
| Position | Participant  |
|          | Attended in training workshop on integrative psychotherapy at the Kosovoa association for psychotherapy. The training consisted of 20 hours of theor and practical work, with subjects:  1.Autism Spectrum Disordes and Comorbidity with other development disorders  2.Intergative Psyschotherapy – Definition, Method and Applications |

| Date     | January 2010 – December 2011   |
|----------|--|
| Place    | Pristina   |
| Pozition | Pychologist  |
|          | • In project:Mental health of traumatized children and their parents – a comparision of Albanian families in Kosovo and Switzerland 10 years after the war. This project was cooperation project with University Hospital Zurich, Switzerland. |

| Date     | June 2007 – Agust 2008                                     |
|----------|--|
| Place    | Pristina   |
| Position | Personal Assistant of Eliazbeth Gowing who were indepedent |
|          | supervisor in education                                    |
|          | Agenda managing  |

| Date        | 19-21 November 2007  |
|-------------|--|
| Place       | Pristina   |
| Institucion | Grand Hotel  |
| Position    | Participant  |
|             | Participated in the international scientific conference      |
|             | "Prevention of Suicide Behavaiour Among Youth of Kosovo-     |
|             | Challenge or Chance'?  |
|             | The international scientific conference was organized by the |
|             | Foundation "TOGETHER"-Regional Centre for the                |

| Psychosocial     | Well-being         | of     | Children    | from     |
|------------------|--------------------|--------|-------------|----------|
| Ljubljana(Slove  | enia).supported by | The    | Ministry of | Foreign  |
| Affairs of the   | Republic of Slo    | venian | The WHO o   | ffice in |
| Pristina and the | Embassy of US i    | n Slov | enia.       |          |

| Date        | 15 June 2006 - 25 June 2007   |
|-------------|---|
| Place       | Pristina  |
| Institucion | Psychiatric Centre for Children and Adolescent  |
| Position    | Improver  |
|             | • Keeping the sessions with children who were with learning disabilities, ADHD and adolecents giving emotional support. |

| Date        | October 2006 - May 2007                   |  |
|-------------|---|--|
| Place       | Pristina                                  |  |
| Institucion | High school "Xhevdet Doda"                |  |
| Position    | Improver                                  |  |
|             | Participated in project "Skills for life" |  |

| Date        | 17-24 September 2006  |
|-------------|---|
| Place       | Tirana, Pristina, Skopje, Sofia and Bukurest  |
| Institucion | NGO "The Door"  |
| Position    | Representative  |
|             | Represented the Kosovo like Ambassador for Human<br>Rights and Against Trafficking in activities which had the<br>message "Stop Trafficking of Human Beings". |

| Date        | 25-26 August 2006   |
|-------------|---|
| Place       | Pristina  |
| Institucion | The Ministry of Culture, Youth and Sports   |
| Position    | Participant   |
|             | <ul> <li>Participated in training which had the aims: Assistance of<br/>the Victime of Trafficking</li> </ul> |

| Date        | 03 March 2006  |
|-------------|--|
| Place       | Pristina   |
| Institucion | The Ministry of Culture, Youth and Sports  |
| Position    | Ambassador Aganist Trafficking   |
|             | Participated in project which had the aims the prevention of trafficking of human beings in Kosovo |

|             | 14 Prill-11June 2005  |
|-------------|---|
| Place       | Istog   |
| Institucion | World Child-Kosovo  |
| Postion     | Participant   |
|             | <ul> <li>Participated in project "Impact measurement of psychosocial creative workshops in Kosovo"</li> <li>Tasks:Conducting interviews with children(age10-12) and their parents.</li> <li>Methods used:Child behaviour Checklist(Achenback,2001), Culture Free Self-Esteem Scale(Battle,1992).</li> </ul> |

| Date        | February 2004  |
|-------------|--|
| Place       | Pristina   |
| Institucion | Centre "youth voice"   |
| Position    | Participant  |
|             | <ul> <li>Participated in sessions with clients ,training which<br/>organised by centre which has the support from Doctors of<br/>the World, Francë.</li> </ul> |

| Date        | 03 March-03 June 2003   |  |
|-------------|---|--|
| Place       | Pristina  |  |
| Institucion | Children Centre "Gëzimi ynë"  |  |
| Position    | Participant   |  |
|             | Taking care for children organised the different activities for them. |  |

## Language

| Albanian | Native Language                 |  |
|----------|---------------------------------|--|
| English  | Fluently (writing and speaking) |  |
| Serbian  | Good                            |  |

## Skills:

| Skills in computer:  |
|--|
| - Microsoft Office XP (all programs in that product line), Photoshop, Internet Explorer. |

Driver's license