



PERSONAL INFORMATION

Valentina Telhaj

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MSNValentina Telhaj

PROFESSION and Work Experience

Psychologist consulting - Agent Properties - Hotel Manager

- **Psychotherapist EMDR- CBT & Therapist "ABA"/ Master Forensic Psychologist**
- "Coordinator of the Order of Psychologists of Tirana for Intervention of Psychological Emergencies"
- "Participating in the corner of women in public service"
- Psychologist for the treatment of Trauma from "Save the Children"
- Psychologists of the "Albanian Helsinki Committee" - Trainers of the "Association of Psychologists of Albania"
- Member of the "Association of Sociologists of Kosovo"
- Work place is in international preschool and Kindergarten "Puzzle @puzzles.al as "Psychotherapist"
- **CURRENTLY from 01/07/2020 – I am appointed "Child Protection Specialist" - CPS / Unit no. 7, Municipality of Tirana.**

EXPERIENCE

2003-2011

Hotel Manager Corfu, Greece

- Relations with staff and customers
- Organization of working hours
- The organization of various events for clients
- Care for job interviews

2013–2014

Agent Properties-Tirana

- Collation of documentation
- Accountant general
- Relation with customers
- Administrative assistant,
- Analysis of the CV

09/2011 – 2018

Psychologist (Counseling Psychology)

- Center for children with Down syndrome Tirana (Albania)
- Relationship with the patient
- Patient care
- Weekly listening sessions with patients

01/07.2020

CHILD PROTECTION SPECIALIST

- To proactively identify the cases of children at risk
- Assess the level of risk of children in need of protection –
- To request the meeting of the multidisciplinary group –
- To monitor the progress of the implementation of the Protection Measure, the progress of the development of the child for whom the Protection Measure has been decided.
- To propose the change or removal of the Protection Measure and / or the change or termination of the PIM
- Facilitate and support the child and / or the child's family in meeting the PIM - Serves as an information center.
- Organizes information, educational and training meetings for child protection
- To identify all actors and providers of public and non-public services in the territory of the municipality

EDUCATION AND TRAINING

1999–2003

Diploma of High School

10/2012

Degree in Psychology (Bachelor)

University SHLUJ, Departament of Psychology Tel./Fax: +355042252621
E-MAIL:info@umb.edu.al/admissions@umb.edu.al

- scientific knowledge on psychology
- current applications of psychology
- contemporary history
- disciplines related to social science

10/2015–07/2017

Post-Diploma Degree Master of Science (Counseling Psychology)

European University of Tirana Boulevard "Gergj Fishta" Nd.70, H.1 Tirana, Albania

- theories of counseling and psychotherapy
- school psychology
- psychopathology from an early age and adolescence
- the child and adolescent counseling techniques
- advanced education psychology

23/10/2019- 13.07/ 2020

Professional Master Degree "Legal Psychology"

University of Tirana - Faculty of Social Sciences Tirana Albania

- Abnormal behavior
- Civil and criminal code for the legal psychologist
- Basics of legal psychology
- Understanding violence, aggression and risk
- Interview and counseling
- Psychology of law and justice
- Victimology
- Assessment and intervention in Crisis and Trauma
- Law and mental health and work protocols
- Criminal investigation and crime profiling
- Psychology of criminal behavior

- Legal Psychological Assessment

09/2000 Cognitive computing package:

- MS Office,
- Excel,
- Microsoft Word,
- Power-point,
- Social Media

PERSONAL SKILLS

Native language Albania

| Foreign language | Meaning | | Speaking | | Writing |
|------------------|---------|---------|-------------|-----------------|---------|
| | Hearing | Reading | Interaction | Verbal Speaking | |
| English | B1 | B2 | B1 | B1 | B1 |
| Italian | B2 | B1 | B1 | B2 | B1 |
| Greece | B2 | B1 | B1 | B2 | A1 |

European standard for certification of foreign language

Communication Skills

Ability to work in a group with prudence in numerous situations in most cases it is necessary cooperation between different individuals and in different ways to define the schedule (shifts, weekends)

Organizational and management skills - Ability to work in stressful situations, particularly in connection with public relations

Digital Skills

| Self Assessment | | | | |
|-----------------------|------------------|-----------------|-------------|--------------|
| Elaborate information | Communication | Creating Folder | Providing | Troubleshoot |
| Independent user | Independent user | Users Advanced | Users based | User based |

Other Skills

- Creative writing
- Relaxation techniques;
- Course of attending yoga in a sports center in Tirana

Name of the Institute for education and training

- Albanian parliament and JEF (Albania) Member of European Parliament EPP, Model European Union Albanian
- American Consulate: Thessaloniki (Greece) Seminar on American Studies: "To unite as diversity and tolerance can build a stronger nation"
- Training - The Power of Positive Thinking
- Training - Scientific Conference - Developmental Challenges in a Chaining Society: from Insight Research with Adolescents and Youth
- Training - "Giving voice to him who has no voice" - Mary Ward Foundation Loreto17 / 10/2016 Tirana
- Training - "" The TRATTAMENTO EMDR Trauma Dipendence "29/10/2016 Tirana
- Training - "Powerful Mind - Powerful Woman" 17:11.2016 Tirana
- Training – "South East Europe Peace Summit" 15-18.12.2016

Curriculum vitae

Valentina Telhai

- Training - "Sexuality and youth in Albania" 11-12 02.2017 Norwegian Embassy AL
- Training - "Post-partum depression" 21/02/2017 Tirana International Hotel
- Training - "Eye Movement Desensitization and Reprocessing" EMDR Level I
- Training - "Body Language" - Tirana (Albania)
- Certificate. dott.Samantha Ramagnoli "Il lutto traumatico e terapia familjara"
- Certificate of participations 4*International Conference on English Language & Literature."with my presentation the paper "Language Games" ICELL 2017.
- Certificate of attendance in international conference "Current psycho-social dynamic of development and education challenges"
- Certificate of participation in ICECH Brussels 2017 "Migration"
- Training - "Come aiutare a superare la Paura" (different phobia)
- Competition - Winner of the first place "Nuovo Pena"
- Certificate in Stuttering, Cluttering and Selective Mutism (Dr Mario Dambrosio-Roma)
- International conference "Midis sfidave te zhvillimit dhe realitetit.
- Certificate Participate in the module; Testing the intelligence Quotient-UNIT & BENDER 1-2. Ect...
- Certificate Participate "Emergency Management with Trauma Focus" Order of the Psychologist Republic of Albania Presiden Valbona Treska
- Certificate - Community Psychological Services Institute "Behavior Cognitive Therapy" CPSI Etel Turtulli
- Gratitude from Psychologist Republic of Albania Presiden Valbona Treska
- Emergency Psychological Intervention Trainer Giada Maslovaric
- CBT Albania "Israeli Association for Cognitive Behavior and Psychotherapy"
- EMDR Europe Level 2 Therapist.
- ABA Therapist "Albanian Children Foundation"
- Certificate of identification of categories of personalizations in the personality of "Association of Psychologists of Albania "
- Certificates for "identifying adults with mental disorders"
- International Association of Psychosocial Rehabilitation Conferences in Albania, Health Psychology "Adolescent Stress, Explaining Factors and Forms of Management"
- Certificate for "Raven's color-progressive matrix test, age 5-11" Certified for MODULE
- "Intelligence Coefficient Testing - UNIT. Kosovar Association for Psychodiagnostics and Psychotherapy
- Training from the World health organization / Unicef in cooperation with the Ministries of Health / "Mental health and psychosocial support"
- Training through the zoom platform, organized by ASPA, MSHMS, ASHMDF and Terre Des Homme on the course on child protection issues.
- On-line training on the Zoom platform on the topic "Law on Protection against Discrimination and Persons with Disabilities".
- Training on the Zoom platform, topic "Emergency Management in Cases of Natural Disasters".
- Presentation and coordination between local structures for child protection, on the Zoom platform in the framework of November 20 "World Day for the Rights of the Child".
- On-line training "Practical techniques for working with children and young people in alternative care that show behavioral problems", Bethany Social Services with the support of Save the Children.
- On-line training Topic: "Evaluation of results at work in the civil service" General Directorate of Strategic Planning and Human Resources, Directorate of Performance Evaluation, Administrative Measures and Staff Motivation 27.11.2020. Mrs. Sofia Noti, Enka Muho.
- Training in multidisciplinary centers for extreme violence, rehabilitation and reintegration of returnees from war zones. Tirana.
- Online training / consultation meeting "Work for Reintegration of children in conflict with the law", a meeting which took place online on December 18, 2020. "Terre des Hommes"
- Quick Assessment of Practices and Family Empowerment Framework, especially in the COVID situation,, through the online platform in Zoom "Terre des hommes" Date 18 December.

- Driving License **B**

OTHER INFORMATION CURRENTLY:

- Collaborators with magazine "Psychologist" www.revistapsikologji.com
tel.+355422403207

Experience (Practice) -

- High School "Arben Broci" Besim Imami Street, Tirana
- Albanian National Child Helpline (ANCH) Alo-116email. Alo116@crca.al
tel/fax.+35542265741. www.alo116.al
- The multidisiplinary social center on city hall (director Alma LLeshi) 2015-2017.

Documents and certificates

Diploma and certificate