


PERSONAL INFORMATION

Angela Sula



 Bulevardi 'Dyrrah', Igj 11, Durres, Albania

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Female | 25/12/1993 | Albanian

JOB
POSITION

Clinical Psychologist

WORK EXPERIENCE

2020-present

Part-time Lecturer

Aleksander Moisiu University

Introduction to pedagogy.

Education planning, assignments with pedagogic responsibility. Developing course plan, program description, teaching materials. Defines the notion of pedagogy and its status and relation to other sciences, processes and stages of education in pedagogical forms. Focus on how education affects child development and personality.

2017-present

Human Resource Specialist

High Judicial Council, Albania

I provided a broad range of human resource services including investigation of employee and personnel problems as needed, counseling employees on matters such as promotions, preparing payroll, monitoring employee performance reviews and updating human resources documents.

2019-2021

Clinical Psychologist

World Vision Albania

Provided psychological sessions for children and adults experiencing acute stress disorder, PTSD, anxiety etc, after the traumatic event of the earthquake in Albania. Offering online sessions during the pandemic and psychosocial support for children and their family during this period

EDUCATION AND TRAINING

- 05/04/2018-present **Cognitive Behavioural Psychotherapist**
 Postgraduate Course in Cognitive Behavioural Therapy
 Israeli Cognitive Therapy Association
- October 2015- July 2017 **Master of Science in Clinical Psychology**
 University of Tirana Faculty of Social Sciences, GPA 9,53
- October 2012- July 2015 **Bachelor in Psychology**
 University of Tirana Faculty of Social Sciences
- 01/10/2014- 01/12/2015 **Volunteer at Step by step Center** an early childhood organization focused on promoting child-centeredness and community support to all children, with special focus to children at risk (Roma, children with special needs, marginalized).
- 22/01/2015- 16/06/2015 **Intern at “Hysen Cela ” professional high school in Durres, Albania**
 Intern, working as a school psychologist. Responsible for activities such as group counseling, activities against violence on children and taking care for children with disabilities.
- 25/01/2016- Present Volunteer at Gruaja Ne Fokus, an organization the purpose of which, is to promote and strengthen women and youth in the Albanian society.
- 30/05/2016-31/05/2016 Took part in the workshop within the project ‘Democratic values in education and their application in society’ in South East European University in Tetovo.
- 03/04/2016- 29/07/2016 Took part in the training for sexual transmitted diseases HIV/AIDS and HEPATITIS.
- 29/10/2016 (8 hours) Took part in the workshop: Trauma addiction and EDMR treatment.
- 10/12/2016- 16/12/2016 Took part in the training for ABA therapy at Ecim Sebashku Center.
- 16/1-/2016- 30/09/2017 Intern as clinical psychologist at Social services Bethany, Tirana. Working with cases of trafficked women from the National Reception Centre of Victims of Trafficking.
- 25/01/2017- 29/04/2017 Intern as clinical psychologist at Center for Social Service Lapraka.
- 02/05/2017- 30/10/2017 Intern as clinical psychologist at the Court of first instance, Tirana, focusing on cases of divorces.
- September 2017 Open lecture about “What make accounts for interviews credible” referred from Prof. Ray BULL and “Yours Future in forensic and Legal Psychology” referred from Mrs. Bianca Baker
- November 2017 Took part in the seminar “Mental helth and the work environment”, Institute of Public Health, Regional Health Directorate
- November 2017 Took part in the training “What is Autism?”, “ADHD” and “How to work whith children with CSA in the school environment?”, Mental Health Center “Drejt Zhvillimit”, Durres
- December 2017- March 2018 Intern at UN Women Albania, focus on the program “End of Violence against Women”, Tirana

 PERSONAL SKILLS

Mother tongue(s) Albanian

Other language(s)	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction		
English	7.5	7.5	6.5		6.5
	English: IELTS C1, British Council Albania Aptis C1				
Italian	Excellent	Excellent	Excellent	Excellent	Excellent
	Italian: Institution M.B.T.P.H, non public school "Vincenc Prendushi", Albania				

French: A2, certification from [Universite de Lausanne](#)

Communication skills

- Very good interviewing skills gained through my experience as clinical psychologist and human resource specialist.
- Very good communication skills with children and adolescents gained through my experience as an intern at "Hysen Cela" high school.
- Very good in communicating complex information to individuals and groups, making presentations and respond to questions in both educational and workplace settings. Skills developed in degree programme and during work experience.
- Able to give and take instructions and maintain active listening during times of pressure.
- Successfully mediated conflicts students and teachers.

Organisational / managerial skills

- Ability to organizes and prioritizes/ work independently
- Implemented a new reporting procedure
- Work successfully under pressure and strict deadlines
- Leadership

Job-related skills

- Ability to work under pressure
- Accuracy
- Adaptability
- Brainstorming
- Advising people
- Ability to work on own initiative or as part of a team
- Accurate record-keeping skills

Other skills

Enjoy all sports particularly swimming, football and running. Love to travel and experience different cultures.

Driving licence

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ADDITIONAL INFORMATION

Publications and Conferences

Sula, A., (2017). Shame, guilt and attachment in emerging adulthood in Tirana and Durres city. International conference "Current Psychosocial Development Dynamics and Challenges in Education", University of Tirana
Troka, M., Sula, A., (2018). "Challenges in treating psychosis and cultural impacts".International Public Health Conference, Tiranë, (6 ECTS).