

PERSONAL INFORMATION **Aulona Ormeni**

📍 Rr. "Albanopoli", nr. 32, Tirana (Albania)

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WORK EXPERIENCE

Apr 06–Oct 09 **Project Manager**

Strategic PULS Research, Tirana (Albania)

- Coordination of research processes
- Training and supervision of fieldwork interviewers
- Supervision and implementation of qualitative and quantitative research methods such as F2F, In Hall, Mystery Shopping & Calls, Census, Retail Audit, Focus Group, Desk Research, etc...

Oct 09–Apr 11 **Psychologist**

The Pre-trial Detention Centre "Jordan Misja", Tirana (Albania)

- Building and applying individual treatment programs for individuals in detention,
- Assess the progress of rehabilitation
- Psychological treatment of juvenile inmates and inmates with mental health problems,
- Individual and group counselling

2 Apr 11–22 Jan 14 **Training Specialist**

General Directorate of Prisons, Tirana (Albania)

- Preparing of training curricula for prison police employees
- Preparing of training curricula for prison civilian employees
- Maintaining continuous training within professional development of employees with topics such as : Communication, Stress management, Knowledge about drugs, Suicide prevention, International and national mechanisms to preventing torture, General knowledge about prison system in Albania etc...

22 Jan 14–10 Apr 14 **Psychologist**

Penitentiary institution "Ali Demi", Tirana (Albania)

- Designing and implementing individual treatment programs for inmates
- Assess the progress of rehabilitation
- Psychological treatment of prisoners with mental health problems
- Individual and group counselling
- Psychological treatment of prisoners with drug addiction problems
- Representation in court of inmates

10 Apr 14 – ongoing **Clinical Psychologist/ Psychotherapist**

Private Practice/Freelancer, Tirana (Albania)

- Psychological evaluation/ Assessment
- CBT therapy for personality and anxiety related disorders

Apr 15 – ongoing

Literary Translator

- Sapiens, Y.N.Harari 2016 Shtëpia botuese Botart
- The Art of Being A Brilliant teenager, Andy Cope, 2016 Shtëpia botuese Botart
- Homo Deus, Y.N.Harari 2018 Shtëpia botuese Botart
- No worries, Sh. Coombes, 2018, Shtëpia botuese Botart
- The Code of Confidence for Girls, K. Kay et.al, 2018 Shtëpia botuese Botart
- The whole series of “What to do when...”, D. Huebner et. al, 2019, Shtëpia botuese Botart
- 21 Lesson about 21 Century, Y.N.Harari 2019, Shtëpia botuese Botart
- Science of Fate, H. Critchlow, 2020, Shtëpia botuese Botart
- Sapiens Graphic Novel, Y.N. Harari, 2020 Shtëpia Botuese Botart
- Sheltering Sky, P. Bowls, 2020 Shtëpia Botuese Pamfleti

10 Apr 14 – ongoing

Clinical Psychologist/ Psychotherapist

Private Practice/Freelancer, Tirana (Albania)

- Psychological evaluation/ Assesment
- CBT therapy for personality, mood and anxiety related disorders

Jan 18 – ongoing

Part-time Psychotherapist at ACT/MWL

Volunteer and Psychotherapist , Tirana (Albania)

- Psychological evaluation/ Assesment
- CBT therapy for personality and anxiety related disorders

1 Sep 19 – ongoing

Clinical Psychologist/ Psychotherapist

SHKEJ – Community Center “Little Angels” Tirana (Albania)

- Psychological evaluation/ Assesment
- CBT therapy for personality and anxiety related disorders
- Counselling and psychotherapy for children and adults from disadvantaged groups

EDUCATION AND TRAINING

12 Mar 15 – 05 Apr 18

Postgraduate specialization in Cognitive Behavioural Therapy

Israeli Cognitive Therapy Association, Tirana (Albania)

Curriculum Vitae

3 Oct 00–7 Jul 04 **Clinical Psychologist**
Tirana University, Faculty of Social sciences, Tirana (Albania)

PERSONAL SKILLS

Mother tongue(s) Albanian

Other language(s)	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English (IELTS Academic Certificate)	C1	C1	C1	C1	C1
Italian	B2	B2	B2	B2	B2
Spanish	B1	B1	B1	A2	A1
French	B1	B1	A1	A1	A1

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2: Proficient user
[Common European Framework of Reference for Languages](#)

Communication skills Fluency and skills of transmitting information in a clear and understandable to the speaking and writing. Communication skills in the context of training and group working.

Organisational / managerial skills Leadership and guidance towards achieving the objectives. Organizational and practical skills commitment to problem solving; Evident time management and work within deadlines.

Computer skills MS Office, Internet browser