

PERSONAL INFORMATION

MATILDA ZIZOLLI



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Sex Female | Date of birth 09.04.1989 | Nationality Albanian

WORK EXPERIENCE

22 October 2019- Present

Director

Multidisciplinary Social Centre, Tirana Municipality

Evaluate the work of staff and volunteers to ensure that programs are of appropriate quality and that resources are used effectively.

Direct fundraising activities and the preparation of public relations materials.

Prepare and maintain records and reports, such as budgets, personnel records, or training manuals.

Recruit, interview, and hire or sign up volunteers and staff.

Coordinate the activities of a social service program or community outreach

Sept 2016-22 Octo 2019

Head of Sector

Multidisciplinary Social Centre, Tirana Municipality

“Daily Centre for Children in Street Situation”

Statistical and narrative reports drafting for all the services that the centre offers.

Statistical reports drafting for field teams that identify children in street situation.

Coordinator to increase cooperation with other social centre and NGOs. Case manager.

Sept 2014 – July 2016

School Psychologist / Lecturer

Albanian-French Private School “Ernest Koliqi”

Knowledge improvement in the field of primary psychology

Promotion of positive behavior and mental health
Support of diverse learning
Management of student's conflicts and classroom behaviors
Monitoring of student progress in their academic achievements
Creation of a safe and positive school climate
Establishing the family–school partnership
Reduction of inappropriate children's typical and atypical behavior
Improvement of assessment and accountability outcome

- Nov 2013 – To present
Clinical Psychologist / Therapist
Medical Clinic "Venus"
Individual treatments for young people and teenagers with psychosocial problems
Individual psychotherapy / consulting
- Oct 2013 – Sept 2014
Lecturer
Private University "Vitrina"
Introduction to Psychology, Psychology Counseling, Emotional Psychology Group Therapy , Advanced Research Methods, Family and Couple Therapy, Special Education and Psychotherapy
- Jan 2012 – Sept 2013
Volunteer
Mental Health Community Centre No.3, Tirana
Psychotherapy Development Assistant
- January 2011 –June 2012
Test Project Administrator
Albanian Mental Health Centre for Development
Application of tests regarding validation projects of psychometric instruments such as SCL- 90R, CORE-OM, BDI-II and the CES-D.
Instrument administration on individuals and patients with different diagnoses
- Oct 2009 –June 2010
Volunteer
Mental Health Community Centre No.1, Tirana
Application of Game Therapy on children with Autism Spectrum Disorder

EDUCATION AND TRAINING

- April 2018- To Present
Specialization in Cognitive Behavioural Therapy ITA- Israel Association for CBT and Institute of Psychological Service

& National Albanian Association for Cognitive and
Behavioural Psychotherapies

Deep knowledge for: Components of Cognitive Behaviour Therapy
Types of Cognitive Behaviour Therapy
The Process of Cognitive Behaviour Therapy
Uses of Cognitive Behaviour Therapy
Criticisms of Cognitive Behaviour Therapy

Oct 2011 – July 2013

Master in Science in Clinical Psychology (MSC)
Tirana University

Psychotherapy, Abnormal Psychology, Family Therapy,
Research Methods

Oct 2008 – July 2011

Bachelor in Psychology
Tirana University

Social Psychology, Development Psychology, Emotional
Psychology, Theory of Personality

Courses

April 26 - July 6
2018

Save the Children and University of Tirana
Alternative Care Course.

Case assessment. Albanian legislation for alternative care. Training of
foster families.

11Jan - 11 March
2018

Institute of Psychological Services
Courses in Psychodiagnostics

Knowledge in the application of psychological test (TAT, Thematic
Apperception Test, Vineland Adaptive Behaviour Scale, House Tree
Person Test, Bender Gestalt Test.)

Trainings

Nov 11-24 2019
Rome, Italy

International training with the main focus on legislation of the LGBTQI+
Rights. Rising ability on creating campaigning for human rights.

Sept 24 -27 2019
Hiiuma, Estomi

[Erasmus + Puhalepa valla Kuulturi-ja Noortekesku](#)

The voice of invisibles 2. A study visit focus on the concrete theme and mainly consist of meeting with different project and organisation in chosen country.

June 24-29 2019

[European Youth Centre Budapest, Hungary](#)

[Council of Europe and youth peace ambassadors network](#)

Study Session "Culture of Peace" Soft power for countering violent radicalisation and extremism among young people in Europe.

Aprill 08-12 2019

[European Youth Centre Strasbourg, France](#)

[Service Civil International & Voices of Young Refugees in Europe](#)

Peace in the spotlight. The aim of the study session was to build capacity of young trainers to act as "Peace Messengers" within international volunteer projects and through human rights education to promote gender equality and the human rights of refugees.

March 25-29 2019

[Cluj, Napoca, Romania](#)

[Babilon Travel & PVN \(International Voluntary Projects\)](#)

Mobility of youth workers. Participated in a learning mobility.
Building skills through inclusion.

Feb 18-24 2019

[Durrës, Albania](#)

[PVN International Voluntary Projects](#)

International Training Course. Violent Extremism vs Intercultural Dialogue and Peace.

Feb 12-17 2019

[Tirane, Albania](#)

[SCI Social Civil International](#)

International Study Session on Gender. The aim of the study session was to connect volunteers, youth workers and activist from across Europe in a platform for mutual learning, exchange and dialogue to explore the topics of gender, gender equality and gender discrimination in different European contexts.

28.10.2018- 04.11.2018

[Durrës, Albania](#)

[Babilon Travel & PVN \(International Voluntary Projects\)](#)

Mobility of youth workers. Participated in a learning mobility.

Building skills through inclusion.

24.09.2018- 29.09.2018

Athens Greece

SCI Social Civil Internationa Doutscher Zweig e.V.SAVA Solidarity
throught Action and Voluntary Activities

Free to be you and me: Courage and tools to create peace and
safety for young people of all genders and sexualities

26.08.-01.09.2018

Cluj-Napoca, Romania

Babilon Travel & PVN (International Voluntary Projects)

Mobility of youth workers. Participated in a learning mobility.

Building skills through inclusion.

20-22 June 2018

World Vision Albania and Kosovo

Law Academy for Professionals Working in Child Protection to
Improve Local Mechanism.

5- 7 November 2017

Berlin, Germany

SCI Social Civil International

Doutscher Zweig e.V.

SAVA Solidarity throught Action and Voluntary Activities

Free to be you and me: Courage and tools to create peace and safety
for young people of all genders and sexualities.

19-21 June 2017

Sarajevo, Bosnia & Herzegovina

Austrian Red Cross

How to write successful proposals for EU funded projects.

10-13 November 2016

Tirana Municipality & ARSIS

Child Protection

9-21 September 2016

University of Pristina & University of New York, Tirana

Scientific Research

December 9, 2015

OSCE Presence In Albania, Save the Children, Tirana Regional
Education Directorate

Alternative Penalties and Probation Service Role, Probation Service

May 2012

“MOVE Project- Psychological Development of Children through Games and Sports” (Terre des Homme Albania)

PERSONAL SKILLS



Mother tongue(s) Albanian

Other language(s)	UNDERSTANDING		SPEAKING		WRITING	
	Listening	Reading	Spoken interaction	Spoken production		
English	C 1	Fluent	C 1	Fluent	C 1	Fluent

Communication skills
 Self-motivated
 Verbal communication skills
 Confident in handling new tasks
 Attentive to details

Organisational / Managerial skills
 Leadership
 Team work
 Very good organizational skills
 Very good promotion skills
 Being able to work effectively under pressure.
 Able to work under tight deadlines
 Ability to share work and cooperation.
 Sensitive to diversity and multiculturalism

Job related skills
 Maintain the balance between work and passions.
 Setting objectives and achieving them with priority.
 Completion of work in due time. Responsible and with great will.

Digital skills

SELF-ASSESSMENT

Information processing	Communication	Content creation	Safety	Problem solving
Independent User	Independent User	Independent User	Independent User	Independent User

Levels: Basic users - Independent users - Proficient user

Driving licence

B

Publications

June 2014 Scientific magazine "Vitrina" ISSN 2304-0939
"The expression of Narcissism and Self-Esteem in Social Networks/
Facebook"