

RESUME

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Summary

A licensed Clinical, Development and Relationship Psychologist and a certified CBT therapist bringing more than 10 years of experience in offering mental health services for individuals and couples. She is currently in the process of getting certified in Emotionally Focused Therapy. She has an extended experience on *developing modules, manuals and trainings* and also capacity building for professionals working in the field of social care.

Skills

- Interviewing
- Psychological assessments
- Building and implementing treatment plans
- Expertise in crisis intervention
- Couples interventions
- Cognitive Behavioral Therapy (CBT) psychotherapist
- Emotionally focused therapy (EFT)
- Teaching/tutoring
- Course planning/ Training modules, materials / manuals
- Fluent in Italian and English

Qualifications

2020- Ongoing - The International Centre for Excellence in Emotionally Focused Therapy- **EFT Therapist-**

2015- 2018- The Israeli Association for Behavior and Cognitive Psychotherapies/ISHP
Cognitive Behavior Therapy - Psychotherapist

2010- University of Tirana / Faculty of Social Science Master of Science – **Clinical, Development and Relationship Psychology**

2008- University of Tirana/Faculty of Social Science Bachelor - **Psychology**

Trainings offered

2020 Child labour and early marriages- Tdh

2020 Organizational behavior – staff training on mental health at work place -
ALBTELECOM

2019 ‘ Dealing with earthquake consequences on mental health’- Aldent University

2018-2019 “MANAGEMENT OF SEX CRIMES – A VICTIM CENTER APPROACH’ - 8 courses offered for the experienced law enforcement professionals and the new recruits from the Basic School- **supported by US EMBASSY**

2016/2017 ‘IAM COURSE’ a series of classes on self discovery and empowerment for the new recruits for the Police Basic School-**supported by US EMBASSY**

2015/ 2014 “Early intervention in children “Training for therapists, parents, teachers”-
Supported **by World Vision**

2014 “Involving Young people in prevention of sexual violence”- Sessions with young people in schools in Lezhe, Berat, Tirane/ Albania-**Supported by Bedfordshire University**

2013 “Evaluating reintegration services for the victims of abuse “-Sessions with young people in Albania, **Supported by University of The Highland and Islands, CFRCH,**

Work History

2018- Current Albanian Center for Psychotherapy / Psychotherapist
2018- Current Peace Corps – Counselor / in-country mental health provider
2020-current – Albanian Order of the Psychologist – Monitoring & evaluation Expert for the continued education activities.
2010- 2020 Different and Equal Organization-**Psychologist**
2016- Current Together Albania/ - **Expert / Psychologist**
2011 –2018 University of Tirana/Department of Psychology and Education- **Part time Lecturer**
2016- Terres des Hommes- Residential Institution for child care- **Psychologist**

Qualifications

2020 – Externship on Family and couples therapy- Tulane UNIVERSITY –New Orleans
June 2020- Using ACT with intrusive thoughts, obsession & rumination – Contextual Consulting
May 2020- Grief and lose – Acceptance and Commitment Therapy – Contextual Consulting
March 2018- Sex crimes investigation- victim centered approach- Louisville institute- Chicago, ILLINOIS
July 2017- Schema Therapy – Schema Therapy Institute Israel, Tirana
October 2016- Online counseling – Together Albania,
June 2015 – Trauma intervention – Different and Equal, Tirana
December 2015- Interview children victims of sexual abuse- **Terres des Hommes** , Tirana
December 2014 –Prevention of sexual violence –**University of Bedfordshire**, London
November 2014-Cross culture conference on issues of Human Trafficking- **Medial Trust**, Ljubljana
June 2014- The role of theory in psychodrama -**Association of Kosovo’s Psychotherapists**, Pristine
June 2014- Managing cases of substance abuse - **Different and Equal**, Tirana
May 2014- Advanced techniques of counseling - **Different and Equal**, Tirana
February 2014- Child sexual assault investigation- **ICITAP, US Department of Justice**
May 2011- Trauma and treatment-**Albanian University**-Tirana
February 2011- Women rights in Albanian legislation - **Different and Equal**, Tirana
February 2011- Psycho-social development of children-**Different and Equal**, Tirana
January 2011- Legal issues in child protection - **Different and Equal**, Tirana
January 2011- Child Custody and adoption issues - **Different and Equal**, Tirana
September 2010- Dream, the path to unconscious - **Assocation de la Fondation du Champ Freudiane**,
October 2008- March 2009- Forensic Psychology, criminal behavior and the assessment of minors in conflict with the law - Law **clinic for minors and UNICEF**